

FP High School Jan. 22-26 & Jan. 29-Feb. 2, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
22 Pizza , Mixed Green Salad, Veggie Cup w/Lite Ranch or Chicken Fajita Nachos Bar – WG Tortilla Chips, Black Beans, Cheese Sauce, Salsa, Jalapenos, Steamed Corn, Assorted Fresh Fruit, Milk Wildcat Munchable Snack Chef Salad Wildcat PBJ Quick Lunch	23 Pizza , Mixed Green Salad, Veggie Cup w/Lite Ranch or, Roasted Chicken , Mac & Cheese, Black Eyed Peas, WG Roll, WG Blueberry Muffin, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad Wildcat PBJ Quick Lunch	24 Pizza , Mixed Green Salad, Veggie Cup w/Lite Ranch or Homemade Chili , Grilled Cheese, WG Crackers, Shredded Cheese, Veggie Cup W/Lite Ranch, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad Wildcat PBJ Quick Lunch	25 Pizza , Mixed Green Salad, Veggie Cup w/Lite Ranch or Chicken Poppers , Baked Sweet Potato Fries, Steamed Broccoli, Ketchup, Boom Boom Sauce, WG Roll, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad Wildcat PBJ Quick Lunch	26 Pizza , Mixed Green Salad, Veggie Cup w/Lite Ranch or Barry's BBQ Pork w/ WG Bun, Baked Fries, Baked Beans, Ketchup, Pickles, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad Wildcat PBJ Quick Lunch
Cinnamon Toast Crunch Cheese Filled Pastry, Assorted Cereal, Yogurt Parfait/Granola, Assorted Fresh Fruit, Milk	Steak Biscuit, Assorted Cereal, Assorted Fruit Juice, Milk	Cinnamon Rolls, Yogurt Parfait & Granola, Assorted Cereal, Assorted Fresh Fruit, Milk	Spicy Chicken Biscuit, Assorted Cereal, Assorted Fruit Juice, Milk	Yogurt w/ Muffin, Assorted Cereal, Assorted Fruit Canned, Milk
29 Pizza , Mixed Green Salad, Veggie Cup w/Lite Ranch or Homemade Spaghetti w/ WG Noodles, Steamed Broccoli, WG Roll, WG Brownie, Assorted Fresh Fruit, Milk *Wildcat Munchable Snack *Chef Salad Wildcat PBJ Quick Lunch	30 Pizza , Mixed Green Salad, Veggie Cup w/Lite Ranch or BBQ Chicken Strips , Mac & Cheese, Green Beans, WG Roll, Choc Bear Cookie, Assorted Fruit Canned, Milk Wildcat Munchable Snack Chef Salad Wildcat PJB Quick Lunch	31 Pizza , Mixed Green Salad, Veggie Cup w/Lite Ranch or Homemade Chicken & Sausage Gumbo w/Brown Rice, Grilled Cheese, Veggie Cup w/Lite Ranch, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad Wildcat PBJ Quick Lunch	1 Pizza , Mixed Green Salad, Veggie Cup w/Lite Ranch, Turkey/Cheese Sub , Baked Tater Tots, Lettuce, Sliced Tomatoes, Lite Mayo, Mustard, Ketchup, Veggie Cup w/Lite Ranch, Assorted Fresh Fruit, Milk Wildcat Munchable Snack Chef Salad Wildcat PBJ Quick Lunch	2 Pizza , Mixed Green Salad, Veggie Cup w/Lite Ranch or Chicken Fajita Wrap – WG Flour Tortilla, Shredded Cheese, Salsa, Jalapenos, Pinto Beans, Veggie Cup w/Lite Ranch, Assorted Fruit Canned, Milk *Wildcat Munchable Snack *Chef Salad Wildcat PBJ Quick Lunch
Wildcat McGriddle, Yogurt Parfait & Granola, Assorted Cereal, Assorted Fresh Fruit, Milk	Chicken Biscuit, Assorted Cereal, Assorted Fruit Juice, Milk	WG Donuts, Yogurt Parfait & Granola, Assorted Cereal, Assorted Fruit Canned, Milk	Yogurt w/Muffin, Assorted Cereal, Assorted Fruit Juice, Milk	Assorted Pancakes w/Syrup, Yogurt Parfait & Granola, Assorted Cereal, Assorted Fresh Fruit, Milk

*Low Fat & Fat Free Milk Offered Daily

*Lite Ranch & Italian Salad Dressing Available Daily

Employee Meal Prices- Breakfast \$2.85, Lunch \$4.35

****Apples provided by Crow Mtn. Farms**

****BBQ Pork provided by Barry's BBQ (Fyffe, AI)**

*Menu subject to change due to shortages

This institution is an equal opportunity provider.